Basketball Wet Weather Worksheet



List/describe 3 attacking options that the player in possession could take?

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- •
- •



Lebron James (circled) has the ball, circle the player you think Lebron could pass to. What type of pass could he use? (chest, bounce, shoulder)



Look at the defenders (circled), are they using an effective defensive strategy? What could they do differently?

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Ben Simmons runs down court and attracts defenders.

Do you think the defenders communicate/work together well here? YES/NO

After the third picture, do you think Simmons:

- A). Charges & dunks
- B). Passes to a teammate
- C). Loses possession

When 'big name' players draw so much attention from defenders, it can often free their team-mates up for opportunities. The best players can draw defenders and utilise their team-mates.

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What could the circled player be doing to make himself an option for his teammate?



Are the defenders being drawn in by the attacker here? YES/NO

Are the defenders looking to take possession off the attacker or reduce his options to pass?



Imagine you are the defender circled, what would you do attempt to do? What decision do you make?

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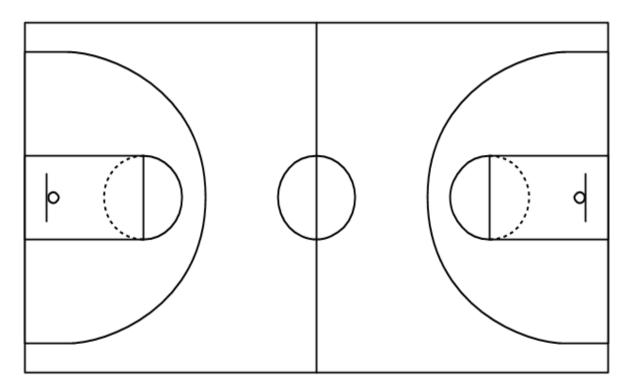


Give 2 attacking options for the player with the ball:

- lacktriangle

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Label 5 key features of the basketball court.



Glossary of Terms - Match the term to the correct definition.

Dunk	When a player takes more than 3 steps
	without dribbling
Free Throw	Charging foul occurs when an offensive
	player makes significant contact with a
	defensive player who has both feet on
	ground and is facing forward.
Technical foul	When a player ends their dribble by catching
	or causing the ball to come to rest in one or
	both hands and then dribbles it again
Jump shot	A breach of the rules that concerns illegal
•	personal contact with another player
Charge	An attempt at a goal that cannot be defended
	awarded to a player following a foul or other
	infringement
Personal foul	A shot made while jumping.
Travelling	A goal scored by shooting the ball down
	through the basket with the hands above the
	rim.
Double dribble	A foul which does not involve contact
	between opponents.