

# Quality Health and Physical Education

## Part A Definition of Quality Health and Physical Education

In this assignment the term...

## Part B Rationalisation of QHPE Definition Using History Sociology and Philosophy

In this section the definition of QPE will be unpacked or explored using the disciplinary lenses of history, sociology and philosophy.

### History

The history of PE will be undertaken in the context of the Australian Capital Territory (ACT). Within the ACT, physical education (PE) was characteristically Eurocentric. The term Eurocentric meaning informed by Western beliefs and ways (Williams, 2016). Much of the PE that was taught in the ACT reflected what was taught in New South Wales because.... (author, Year).

### Sociology

In this assignment figurational sociology will be used because this branch of sociology has been used extensively to understand social phenomena in sport and PE (author, year).

### Philosophy

Philosophy is used here in terms of 'everyday philosophies' rather than the traditional use of the word, drawing largely on the work of Green (2000).

### Evolution of a Sociocultural Approach

A sociocultural approach means... (Cliff, 2011).